

Millburn Dist. 24 Athletics Philosophy

The Millburn Athletic Program is based on the belief that the important things that athletes gain from sports have little to do with winning and losing. Discipline, self-direction, self-esteem, leadership, fundamental skill development, and the enjoyment of participation are the overall objectives.

Our hope is that we will prepare our students for competition at the High School level and, if they have the desire and ability, to compete at the Varsity level.

The emphasis at this level is on instruction, development, teamwork, fair play, and sportsmanship. Participation is a key component for our sports teams and we are dedicated to providing athletes with opportunities to further their development in practice so they can improve their performance during competitive situations.

At the 6th grade level all playing time is equal for regular season games. At the 7th and 8th grade level it is anticipated that all team members will play in every regular season game. This may not mean equal playing time. During tournament play for all three levels, the emphasis may shift to a more competitive approach in which playing time is not guaranteed.

Other important information

All athletes must have a current physical on file to tryout and participate. Physicals are good for 1 calendar year. A \$150.00 participation fee will be charged for any middle school student participating in athletics. These fees are non-refundable if an athlete quits, is injured, or becomes academically ineligible during the season. Fees are due prior to the first contest and no uniform will be issued until payment has been received.

In a situation when a practice or an event has been cancelled we will post the cancellation immediately to the Millburn Athletics Remind app. Students will also have the opportunity to immediately contact parents and guardians.

Students must be in good academic standing to be eligible. Any student receiving 2 D's, 1 F or an incomplete on their report card, mid-quarter progress report, or weekly evaluation, will be ineligible. Grades will be checked every Friday to govern eligibility until the grade is passing.

Sport	Tentative	Tryouts
	Start and end dates	
Coed Soccer 6/7/8	8/29 - 10/4	Yes
Girls Volleyball 7/8	8/29 - 10/4	Yes
Girls Volleyball 6	8/31 - 9/27	Yes
Cross Country 5/6/7/8	8/29 - 10/15	No
Boys Basketball 7/8	10/24 - 12/15	Yes
Boys Basketball 6	10/24 - 12/17	Yes
Wrestling 5/6/7/8	1/9 - 3/10	No
Cheerleading 6/7/8	10/24 - 12/15	Yes
Girls Basketball 6/7/8	10/24 - 12/15	Yes
Boys Volleyball 6/7/8	1/30 - 3/1	Yes
Track & Field 6/7/8	3/20 - 5/18	No

**All dates are
approximate and
are subject to
change**

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